

LINCOLN BASKETBALL

WINTER LEAGUES



Girls Gr 3/4

Tri Town Basketball League — This is a local league with Wayland and Weston. Games are on Saturday mornings, Dec - Feb. EVERYONE MAKES A TEAM. Evaluations are on Tue, Oct 23 from 5:30-6:45pm in the Brooks Gym. We use evaluations to make balanced teams. Practices one night per week. **Fee is \$190. Register at www.lincolnrec.com no later than Tue, Oct. 23**

Girls Gr 5/6

METROWEST Basketball League — This is a travel league with games on Sundays over the winter months (Dates TBA). **We need 8-12 players and a volunteer coach** to enter a team in this league. Practices one to two nights per week. **Fee is \$280. Register at www.lincolnrec.com no later than Tue, Oct. 23. Interested coaches contact ldumont@lincnet.org.**

Sudbury Youth Basketball - This is a local league with Sudbury and Wayland Teams. Games are on Saturdays. **We need 8-12 players and a volunteer coach** to enter a team in this league. Practices one night per week. **Fee is \$190. Register at www.lincolnrec.com no later than Tue, Oct. 23. Interested coaches contact ldumont@lincnet.org.**



Girls Gr 7/8

METROWEST Basketball League — This is a travel league with games on Sundays over the winter months (Dates TBA). We have a coach and need at least 8-12 players to enter a team in this league. Practices two nights per week. **Fee is \$280. Register at www.lincolnrec.com no later than Tue, Oct. 23.**

Boys Gr 3 - 8

Tri Town Basketball League — This is a local league with Maynard, Wayland and Weston. Games are on Saturday mornings, Dec - Feb. EVERYONE MAKES A TEAM. Evaluations are in the Brooks Gym: B3/4 are on Thur, Oct. 25 from 5:30 - 6:45 PM. B5/6 are on Thur, Oct. 25 from 7:00 - 8:15 pm. B7/8 are on Tue, Oct 23 from 7:00 - 8:15 pm. We use evaluations to make balanced teams. Practices one night per week. **Fee is \$190. Register at www.lincolnrec.com no later than Tue, Oct. 23**



LINCOLN BASKETBALL

WINTER PROGRAMS

Hoops Ed Classes: Grades K - 2

This program is designed for kids to learn the basic basketball fundamentals. We will teach basketball skills and drills in a fun, non-pressure environment.

Coaches: Chris Brookens & Staff

Saturdays, 10 - 11 am 12/1 - 2/2

Smith Gym Fee: \$100



Hoops Ed Classes: Grades 3 - 8

Intended for young athletes who want an intro into basketball or have the drive to further develop their skills. Program uses a unique philosophy to teach and challenge athletes. **Chris Brookens**

Gr 6-8 4:30-5:30pm Gr 3-5 5:30- 6:30pm

Mon: 9/17 - 12/17 Fri: 9/21 - 12/1

Smith Gym Fee: \$215

Intro to Basketball for Girls Grades 3-5!!

An introductory program for girls to learn skills and build confidence in a fun-filled environment! A pizza lunch will be provided. Participants will meet in the Smith Gym (Stage Side). Register for FREE at www.lincolnrec.com. **Chris Brookens**

Wednesday, 10/3, 12:30 - 2:00 pm

Smith Gym Fee: FREE, registration required

Hoops Ed: Private Coaching for All Ages!

Hoops Ed is designed for players looking to improve their individual ability. Any advantage on the competition puts you in position to be successful!

To register, please contact ldumont@lincnet.org or 781-259-0784. **Coach: Chris Brookens**

Fee: \$50 for private, \$70 for semi-private

Lincoln-Sudbury Basketball Clinics

Boys and girls are invited to join Varsity Coach Mike Normant and current LS players for these drill-based clinics, designed to help improve your skill level in all areas of the game. Bring a ball and water bottle.

WHEN: GR 4-6: 6- 7PM, GR 7-8: 7- 8PM

DATES: Wed 10/10, Tue 10/16, Thu 10/18, Mon 10/22, Wed 10/24, Tue 10/30, Thu 11/1, Tue 11/6, Thu 11/8, Wed, 11/14

***Nov dates may change based on gym availability.**

WHERE: Gym 4 at Lincoln-Sudbury HS

Fee: \$150. Players not required to attend all sessions, but must pay for the full series.

REGISTER: www.sudburybasketball.com, click the Register Online tab and scroll to Fall Clinics. Email lswarriorshoops@gmail.com with questions.



LS Warriors 3v3 Bash COED Tournament!!

Get your friends together to form the ultimate 3 v 3 squad and play for the title of Bash Champions! Guaranteed 3 prelim games and 1 playoff game!

Saturday, November 18

Lincoln-Sudbury Regional High School

5th-6th Grade Division: 9 AM-11 AM

7th-8th Grade Division: 11 AM-1 PM

High School Division: 1 PM-3 PM

Cost: \$20/player. 3/4 players per team

Register by 11/15 at: www.lshoops.com

Checks payable to: Lincoln-Sudbury

Regional High School should be

submitted when you arrive to play.

If you would like to be placed on a team, please email lswarriorshoops@gmail.com and they will try to connect you!